



HEALTHY

MAKE TRISCUIT YOUR DAILY BREAD

Triscuit
The Shredded Whole Wheat Cracker Succeeds Bread, Toast and Crackers in every form

COOK BOOK FREE
THE NATURAL FOOD CO., NICHOLS FALLS, N.Y.

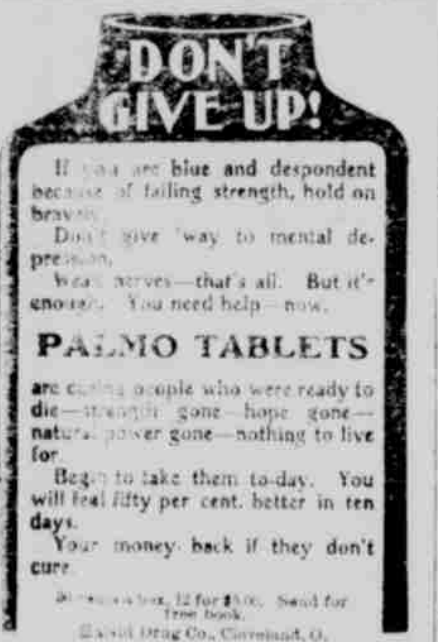
Thank God for Zoa Phora.

Perfect Health and Happiness Offered to All Women—Trial Bottle Free.

Zoa Phora will cure you and you will stay cured. It has cured tens of thousands of cases and suffering women have been made well and happy by its thorough and delicate work. If you could read the letters that come from every city, town and hamlet in the land you would be convinced. For all the cruel diseases of women, for all the weakness and irregularities of her sex, Zoa Phora is a certain and a never failing cure. It cures perfectly and permanently hemorrhages, suppressed and painful periods, displacements, flooding, piles, kidney, liver and bladder troubles, makes childbirth easy and regulates the change of life. You cannot fail to be cured of any of these troubles if you use Zoa Phora. Mrs. J. W. Knapp, 201 E. Main St., Jackson, Mich., says: "I am only too glad to say to all suffering women that I found Zoa Phora a positive cure. I was a constant sufferer for over nine years, and had been told by the best physicians that nothing but an operation would cure me. I only used your remedies three months, and I am thankful to God I assure you, and I can truthfully say I am a strong and healthy woman attending to business every day."

Write the Zoa Phora Co., Kalamazoo, Mich., for a free trial bottle and copy of their illustrated medical book, "Dr. Pengey's Advice to Women." This book will gladly give free medical advice when needed. Zoa Phora is for sale at 50c a bottle by

Sharrar & Mulholland



DON'T GIVE UP!

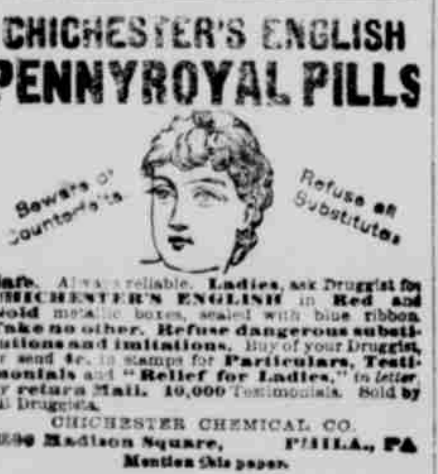
If you are blue and despondent because of falling strength, hold on! Don't give way to mental depression. Wear nerves—that's all. But it's enough. You need help—now.

PALMO TABLETS

are curing people who were ready to die—strength gone—hope gone—nature's power gone—nothing to live for. Begin to take them to-day. You will feel fifty per cent. better in ten days. Your money back if they don't cure.

Write to us for 12 for \$1.00. Send for free book. (Sold Drug Co., Cincinnati, O.)

Sold by SHARRAR & MULHOLLAND, A. M.



CHICHESTER'S ENGLISH PENNYROYAL PILLS

Be wary of counterfeits. Refuse an substitute.

Safe. Always reliable. Ladies, are Druggists for CHICHESTER'S ENGLISH in Red and Gold boxes. Refuse dangerous substitutes and imitations. Buy of your Druggist, or send for 10c sample for Particulars, Testimonials and "Relief for Ladies," in letter by return mail. 10,000 Testimonials. Sold by all Druggists.

CHICHESTER CHEMICAL CO., 4599 Madison Square, PHILA., PA. Mention this paper.



RURAL MAIL

OUR "DOLLAR BOX"

Is the BEST BOX ever offered for the money. A neat, strong, durable, guaranteed box, approved by the Postmaster-General. Sent on receipt of \$1. Your money on box included. If not satisfactory, money refunded. For order for two or more we will prepay shipping.

BOND STEEL POST CO., Adrian, Mich.



City Barber Shop.

A. L. PRATT, Propr.

Centrally Located. Everything Clean and Neat. Face Massage a Specialty.

Pratt's Quinine Tonic and Red Seal Hair Restorer used and for sale at this shop.



FOLEY'S KIDNEY CURE

Makes Kidneys and Bladder Right

HAMILTON CENTER LINE.

George Goodball and wife returned Friday evening from Chesaning. Mrs. A. Seely and children returned to their home in Midland county last week.

Miss Irvin Rhoads will teach the fall term of school in district No. 2, Hamilton.

A surprise party was given Saturday night in honor of Miss Fern Seely. All report an enjoyable time.

Ralph Zimmerman and wife and Arthur Williams and wife spent Sunday at the home of Herbert Ringler, in Ithaca.

Levi Williams and wife; Arthur Williams and wife; Geo. Bassett and family and Mr. Burr and family were among the excursionists to Lansing last Thursday.

Last Saturday night, at North Star, Sid Mack's horse became unmanageable and ran into the Goodhall boys' buggy, tearing a wheel off, but fortunately no one was hurt.

N. E. CRYSTAL.

Harvey Ball is quite sick. Mrs. Welton is some better.

Mrs. Etta Ward cannot recover. Eli Hively was in Stanton, Friday, on business.

Miss Precilla Snyder visited a few days last week at E. Hively's.

John Schultz and wife called on Mrs. McKinnon and son Sunday.

Mrs. Claud Shepard was in Ferris the latter part of last week on business.

Mrs. Low Gallop, of Bushnell, is visiting her parents, Mr. and Mrs. C. B. Williams.

Sergeant Albert McKinnon went to Grand Rapids, Monday, returning Wednesday.

Mrs. L. J. Teed, of Stanton, is caring for her daughter-in-law, Mrs. Tucson Ward.

Elder Eddy and wife, of Elm Hall, were guests at Fred Schultz's Saturday and Sunday.

Mrs. Eliot Yurba and daughter, Eva, of Baiding, are visiting relatives in this vicinity.

C. E. Wolcott has sold out his business in Crystal and expects to start in the near future for California.

Mrs. Eli Hively was called to Ionia, Friday, on account of the serious illness of her mother, Mrs. Hotelling.

D. J. Hively, of Santa Paula, California, formerly of this place, writes that he is very well pleased with the country there, but it is not quite the garden of Eden.

Terrible plagues, those itching, pestering diseases of the skin. Put an end to misery. Don't's Ointment cures. At any drug store.

SOUTH WHEELER.

George Oakes visited his brother, Oscar, over Sunday.

Mary Cruton, of Alma, has returned home, after spending a week in South Wheeler.

Mr. and Mrs. L. F. Mitchell left Thursday for Port Huron, to visit his sister. They drove through.

Margie Snyder and family and Merrill Board and family visited their parents, S. D. Board and wife, Sunday.

Mrs. Will Medler and two sons, of Alma, are visiting old friends in South Wheeler. She intends to stay until after the holidays.

L. P. Mitchell and wife entertained a company of friends Saturday night. Among them were Mr. and Mrs. Miner, from near St. Charles.

SEVILLE CENTER.

C. C. Wonders is home from Niagara.

Mrs. C. R. Rockwell has started for St. Louis, Missouri, to attend the world's fair.

Mrs. Worthine, of Sumner, is the guest of her daughter, Mrs. H. M. Miller, this week.

Barlow Worthing and family, of Sumner, spent Sunday at the home of their uncle, J. Pratt.

Levi Pritchard and family and Alex Miller and family spent Sunday at the home of Henry Miller.

Herbert J. Dows had the misfortune to have a finger badly hurt in threshing machine last Friday.

One day last week while Morie Carll was splitting wood the ax glanced and cut his foot nearly severing his second toe.

N. W. NORTH STAR.

Low Welch is building a hen house. Mr. and Mrs. F. M. Stani drove to Pomplai last Sunday.

Alva Steeves is preparing to build an addition to his house.

Our school house is taking on a very different color, being painted white.

Mrs. Lida Cunningham, of Ithaca, spent part of last week with friends here.

What's in a Name?

Everything is in the name when it comes to Witch Hazel Salve. E. O. DeWitt & Co. of Chicago, discovered some years ago how to make a salve from Witch Hazel that is a specific for piles. For blind, bleeding, itching and protruding piles, eczema, cuts, burns, bruises and all skin diseases DeWitt's Salve has no equal. This has given rise to numerous worthless counterfeits. Ask for DeWitt's the genuine. Sold by Chas. Rhodes.

Sour Stomach

No appetite, loss of strength, nervousness, headache, constipation, bad breath, general debility, sour risings, and catarrh of the stomach are all due to indigestion. Kodol cures indigestion. This new discovery represents the natural juices of digestion as they exist in a healthy stomach, combined with the greatest known tonic and reconstructive properties. Kodol Dyspepsia Cure does not only cure indigestion and dyspepsia, but this famous remedy cures all stomach troubles by cleansing, purifying, sweetening and strengthening the mucous membranes lining the stomach.

Mrs. S. S. Ball, of Ravenswood, W. Va., says: "I was troubled with sour stomach for twenty years. Kodol cured me and we are now using it in milk for baby."

Kodol Digests What You Eat.
Bottles only, \$1.00. Size holding 2½ times the trial size, which sells for 50 cents.
Prepared by E. O. DEWITT & CO., CHICAGO
For sale by Chas. Rhodes, Druggist.

WEST HAMILTON.

Jess Kesting called on friends here Sunday.

Charlie Taber's two children are reported better.

Sarah Heinze, of Bannister, is visiting her aunt, Mrs. Geo. Kesting.

Mrs. Mary Schmanze, of Chesaning, called on friends here Thursday and Friday.

Oze Mills left Sunday for a two weeks' visit with brothers in Findlay, Ohio.

Misses Lula, Lena and Stella Kesting went to St. Johns and from there took the Sunday school excursion to Detroit, Wednesday.

O. F. Plowman went to St. Johns last Monday and brought home with him an organ which was a present to Mrs. Plowman from her parents.

SOUTH LAFAYETTE.

G. R. Aldrich's baby has been very sick, but is better.

Arthur has returned Friday from a ten day trip to St. Louis world's fair.

Church has been closed on account of small pox for the last two Sundays.

Ralph Zimmerman has rented Charlie Tarr's farm and commenced work Monday morning.

Wesley Reed and wife, of Cadillac, are here visiting her parents, Mr. and Mrs. W. H. Zimmaman.

Charlie Stratton had a narrow escape recently. He and Roll Simmons were grubbing out a stump when Roll accidentally struck Charlie in the side with an ax, cutting a gash about two inches long. Dr. Smith was called and dressed the wound and he is getting along nicely.

Mary—Sponged the pimples with warm water. You need a blood tonic, would advise you to take Hollister's Rocky Mountain Tea. It drives away all eruptions. 35 cents. Tea or tablet form. Chas. Rhodes.

RATHBONE.

Mrs. Strouse is a little better at this writing.

Frank Samsbaugh was in Hamilton last Sunday.

The G. A. R. met at Thomas Vandenberg's last Friday.

Harry Holden and family visited at Will Newton's, Sunday.

Steve David of Clare visited his uncle, B. C. David, last week.

Grandpa Sherman and Lydia Frost have been out in Ingham county visiting.

Mr. Wm. Gove has been helping to care for her little grand-daughter in Merrill.

Miss Della Doyle has returned home from Ingham county where she has been visiting the past two months.

Thomas Vandenberg is no better at this writing. His son-in-law Joseph Popole and Edith Vandenberg are helping to care for him.

Frank David and company have got home from their berrying trip. They were in the patch about ten hours and each picked a bushel and a half.

The "Celery King complexion" is what one lady calls the beautiful skin that comes from the use of the tonic-laxative, Celery King. 25c. at druggists.

DAVIS SCHOOL DISTRICT.

Miss Mamie Wynne, of Alma, spent Sunday at Mr. Monroe's.

Pearl J. Fraker, of Ithaca, spent last week in this vicinity.

J. C. Yerlan and wife spent Sunday at Frank Allen's, of Sumner.

Mrs. Geo. Cowles, of Alma, visited at Frank Allen's over Saturday.

Melvin Yerlan left last Thursday for a visit with relatives in Owosso.

The band boys' dance Friday evening was a success. Proceeds were \$11. There will be another dance at the hall September 9.

Mr. and Mrs. Fuller, Mrs. Hutchinson and Frances, Mrs. Nellie Murwin and Sherd Wetherell and wife spent Saturday in Elm Hall at Pomona Grange.

He Could Hardly Get Up.

P. H. Duffy, of Ashley, Ill., writes, "This is to certify that I have taken two bottles of Foley's Kidney Cure and it has helped me more than any other medicine. I tried many advertised remedies, but none of them gave me any relief. My druggist recommended Foley's Kidney Cure and it has cured me. Before commencing its use I was in such a shape that I could hardly get up when once down." Sold by Geo. E. Sharrar.

S. E. EMERSON.

Charley and Byron Reeves are confined to their beds with smallpox.

Mrs. Daniel Davis visited her parents near Lafayette, Sunday.

Born, to F. Bliss and wife, a seven pound boy, August 27.

Glen Davis and Earnest Knapp were in Saginaw, Sunday.

Davis Bros. threshed 200 bushels of oats last week. Who can beat that?

Miss Ella Schaub, of Lafayette, is working for Mrs. F. Bliss, of Emerson.

Mrs. Ramsey, of Beebe, was the guest of Mrs. Dan Davis, Tuesday.

Several from this way attended the Gleaners' picnic Wednesday.

Mrs. Nettie Foster, of Clare, visited her sister, Mrs. May Jennings, the past week.

Mrs. Ella and Emma Davis were the guests of Mrs. Isaac Lockwood, Thursday, of last week.

Mrs. Fred Simmons returned from Ohio, where she has been visiting the past two weeks.

Mr. and Mrs. Hugh Davis visited at the home of Mr. and Mrs. D. Bickford, of near Ashley, Sunday.

Mrs. Scutt escaped from the poor farm Wednesday evening. Officers were looking for her at her home in this neighborhood, but we have not learned whether she has been captured yet or not.

Lee Sanders rides in a new buggy.

Mr. and Mrs. Fred Reeves took in the excursion to Toledo, Sunday.

Mr. and Mrs. Henry Cook were in Bay City, Sunday.

Mrs. Jacob Sirely is on the sick list.

Chester Darcus, Jas. Gamble, Hoscoe Sanders, Vergil Crosby and John Sanders were in Saginaw, Sunday.

Mrs. L. M. Cramer and daughter, Hazel, visited her mother, Mrs. Showers, of Beebe, Thursday.

Mr. and Mrs. Wm. Aumaugher and son, Leslie, visited friends and relatives in Ovid, Saturday and Sunday.

Glady and Florence Hunter entertained their cousins, Lena, Mildred and Sheria Leach, of Ashley, the fore part of the week.

Mr. and Mrs. E. B. Bloss left Sunday for Toledo and other points, where they will visit friends and relatives for the next two weeks.

OAK GROVE DISTRICT.

Geo. W. Parks was in Ithaca Monday.

Orien Parks spent Sunday near Rathbone.

Byron Kimball and wife spent Sunday in St. Charles.

Mrs. Thos. Phillips has returned to her home in St. Charles.

George Tyson, of Edmore, is in this vicinity at the present time.

Miss Doris Parks entertained Miss Martha Goward, of Rathbone, Wednesday.

Mrs. Campbell, of Saginaw, is a guest at the home of Mrs. Wm. Rodenbo.

A picnic was held in Smith's grove last Tuesday, which was well attended and enjoyed by all.

Mrs. D. Bushree and daughters, Celia and Lizzie, spent the latter part of last week in Alma.

Misses Clara and Molly Miller, of Blanchard, are visiting at the home of their uncle, Mr. Cross of Langport.

Ezra Kimball is suffering from a severe wound, the result of a pitchfork the piercing through his hand near the thumb.

Orien Parks and Isaac Cross have returned home from Grand Rapids for a short visit. The boys expect to return soon as they are in favor of city life.

It Saved His Leg

P. A. Danforth, of LaGrange, Ga., suffered for six months with a frightful running sore on his leg; but writes that Backen's Arnica Salve wholly cured it in five days. For ulcers, wounds, piles, it's the best salve in the world. Cure guaranteed. Only 25 cts. Sold by Geo. E. Sharrar, druggist.

Young Plants

Every farmer knows that some plants grow better than others. Soil may be the same and seed may seem the same, but some plants are weak and others strong.

And that's the way with children. They are like young plants. Same food, same home, same care but some grow big and strong while others stay small and weak.

Scott's Emulsion offers an easy way out of the difficulty. Child weakness often means starvation, not because of lack of food, but because the food does not feed.

Scott's Emulsion really feeds and gives the child growing strength.

Whatever the cause of weakness and failure to grow—Scott's Emulsion seems to find it and set the matter right.

Scott & Emulsion Co., Ltd., 10, Abchurch Lane, London, E.C. 4, England.

A Power for Good.

The pills that are potent in their action and pleasant in effect are DeWitt's Little Early Risers. W. S. Philpot, of Albany, Ga., says: "During a bilious attack I took one. Small as it was it did me more good than colonel, blue mass or any other pill I ever took and at the same time the effect was pleasant. Little Early Risers are certainly an ideal pill." Sold by Chas. Rhodes.

Bilious?

Dizzy? Headache? Pain back of your eyes? It's your liver! Use Ayer's Pills.



Want your moustache or beard a beautiful brown or rich black? Use Buckingham's Dye.

50c. of druggist or R. P. Hall & Co., Nashua, N.H.

ALMA BUSINESS DIRECTORY.

PROFESSIONAL.

E. A. BAGLEY, Physician and Surgeon. Office, Opera House Block. Office hours: 10:30 to 2:30 and 7 to 9 p.m. Diseases of the eye and ear a specialty.

J. E. SUYDAM, M. D., Physician and Surgeon. Office opposite Church block.

D. NELSON, M. D., Graduate University of Michigan. Office, New Polkway Block. Office hours: 10:30 to 1:30 and 7 to 9 p.m. Night calls, telephone from office, not necessary to call central.

D. E. T. Lamb, office in Bahke building. Office hours: 10 to 12 a.m., 2 to 4 and 7 to 9 p.m. Night calls at office.

J. A. G. KRESS, Attorney and Solicitor. Office, 1 and 5 opera house block, Alma, Mich. Phone No. 16. Practice in Circuit, State and United States Courts.

BERT HAYES, Attorney at Law and Solicitor in Chancery. Office, Court Commissioner for Grand County, Michigan. Office in New Polkway Block, Alma, Mich.

SOCIETIES.

U. B. CHURCH—Morning service at 10:30. Sunday school at 11:45. Endeavor meeting at 8:00. Praying service at 7:30.

PRESBYTERIAN CHURCH—Morning service 10:30 a.m., Sunday school 12:00. Evening service 7:30 p.m. Rev. W. R. SPENCER, Pastor.

ST. JOHN'S CHURCH (Episcopal)—Sunday service, 10:30 a.m. and 7:30 p.m. (Sundays) Sunday after morning services.

REV. C. L. RANSKY, Rector.

M. E. CHURCH—Morning services 10:30, Sunday school 12:00. Evening services 7:30. Young people meeting Sunday evening at 8:30. Prayer meeting Thursday evening at 7:30.

FREE METHODIST CHURCH—Sabbath School, 10:30 a.m., preaching at 11:00 a.m. and 7:30 p.m. Prayer meeting Tuesday at 7:30 p.m. Local time.

REV. K. E. RATCHAFT, Pastor.

BAPTIST CHURCH—Morning service 7:30. Sunday school 11:30. Evening service 7:30. Young people meeting 8:30 Sunday evening. Junior's Society 2:30 p.m. Standard time. Prayer meeting Thursday evening.

REV. H. S. HIGGINS, Pastor.

FIRST CHURCH OF CHRIST SCIENTIST—Services 11:00 a.m. in W. R. C. hall. Read the room will be at the residence of Miss Louise Gargot and will be open Saturday from 2 to 5 p.m. to anyone desiring to read Christian Science literature.

LODGES.

ALMA CHAPTER, No. 121, R. A. M. Regular meeting on Monday night 8:00 or after fall moon. M. POLASKY, H. P.

WALTER CARLE, Sec'y.

ALMA LODGE, F. & A. M.—Regular meeting on Tuesday night 8:00 or before full moon. W. KELLY, W. M. M. POLASKY, Sec'y.

ALMA CHAPTER, O. E. S. No. 43—Regular meetings on the first Friday of each month. Mrs. MATHA HUSSELY, W. M. ALMA HOLIDAY, Sec'y.

A. R.—William Moyer Post, No. 122 Department of Michigan, G. A. R., meet on 3d Saturday of each month at 2:00 p.m. and on the 4th Saturday of each month at 2:00 p.m.

EDNA ROBINSON, Commander.

CAMP DARRAGH NO. 3, I. O. O. F. meet in W. R. C. hall second and fourth Sunday of each month. GEO. WILLARD, Col. JOHN GREGG, Adj't.

W. M. MOYER RELIEF CORPS, No. 183, meet every second and fourth Sunday evening in the month. Visiting members always welcome.

Mrs. MATHA FRANK, President. Mrs. FLORA STEVENS, Sec'y.

KNIGHTS OF PYTHIAS—Fitz James Lodge No. 95, K. of P. hold its regular meetings every Friday night.

THOS. W. MATHA, C. C. JOHN KOEHLER, K. of P. & S.

EDELWEISS CO. NO. 4, U. R. K. of P.—meet in K. of P. hall, first Tuesday after 19th of every month.

CARL BROWN, Captain. MARVIN HARVEY, Recorder.

K. O. T. M. Regular reviews of Alma Text No. 381 are held every alternate Wednesday night. K. of P. Hall. Visiting members of the Order are welcome.

CHAS. MAPES, Com. S. BOGART, R. K. & P. K.

ALMA LODGE No